



## Peterson's Martial Arts Mu Sa Kwan Tang Soo Do Federation

### 8 KEY CONCEPTS OF MU SA KWAN TANG SOO DO

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|------------------------------|------------------------|
| 1. <i>Young gi</i>           | Courage                |
| 2. <i>Chung shin tong il</i> | Concentration          |
| 3. <i>In neh</i>             | Endurance              |
| 4. <i>Chung jik</i>          | Honesty                |
| 5. <i>Kyum son</i>           | Humility               |
| 6. <i>Him cho chung</i>      | Control of power       |
| 7. <i>Shin chook</i>         | Tension and relaxation |
| 8. <i>Wan gup</i>            | Speed control          |