



Peterson's Martial Arts Mu Sa Kwan Tang Soo Do Federation

THE TANG SOO DO CODE OF CONDUCT

1. Tang Soo Do is *not* a sport; rather, it is a classical martial art. One does not study Tang Soo Do to win, but practices it to better him/herself physically and intellectually. Only through practice will a practitioner ultimately strengthen his/her physical, mental, and spiritual health.
2. Tang Soo Do's main focus is on interior development of the individual, to shape and allow the individual's true inner-self to be expressed. Therefore, competitions play a minor role in developing the practitioner's true potential.
3. Tang Soo Do must remain pure. Therefore it is up to students to do their best to retain the history in his/her training.
4. Always help others in need.
5. Every student should live and abide by the Codes, Creeds, and Principles of Tang Soo Do, as discussed later in this manual.
6. Lastly, each practitioner should set an example for others to follow. S/he should always act as a proper martial artist, according to the principles of Tang Soo Do. It is both a serious and important responsibility.
7. Make training a daily regimen.