



# Peterson's Martial Arts Mu Sa Kwan Tang Soo Do Federation

## PHILOSOPHY OF THE BELT SYSTEM

The belt colors (like the uniform) are a reflection of the nature's annual cycle of seasons. Each color represents a different season, pertaining to the student's level of training. The first belt color white represents winter, the second color green represents spring, the third color red represents summer and midnight blue represents the fall. The following table lists the colors, seasons, and attributes associated with the belt:

Color	Season	Attributes
White	Winter	Planting, emptiness, hidden potential, purity
Purple	Early Spring	Sprouting, taking shape, direction is established
Green	Late Spring	Growth, spreading, advancement, pride
Red	Summer	Ripening, head (Yang) active, power, stability, agility
Blue	Autumn	Maturity, respect, honor, calm/clear mind, (Um) passive, harvest