



Mu Sa Kwan Federation Peterson's Martial Arts

GENERAL RULES AND ETIQUETTE IN THE DOJANG

- If you have a severe cold or contagious illness of any type, do not attend class. If you have an open cut/sore or injury please inform your instructor.
- Keep body reasonably clean and free from odor.
- Keep fingernails and toenails clipped and clean.
- Feet must be free from dirt. If feet are not clean, students will be instructed to go clean them. DO NOT step on mats with dirty feet. Always check them prior to class. Do not come from outside the dojang with bare feet and step on mats.
- Wash uniform as needed after each class. Do not use chlorine bleach, and do not put it in the dryer.
- Do not wear watches, medallions, or necklaces. Pierced earrings may be worn if they are small and post style, but wearing NO earrings would be better. Your instructor may ask you to remove your jewelry if its presence is considered to be a safety hazard to you or your fellow students.
- Do not use profanity.
- Do not chew gum or eat candy during class.
- Remove your shoes and socks before entering the dojang.
- Salute to the flags upon entering or leaving the dojang (or testing hall) whether in street clothes or uniform.
- Bow when entering or leaving the training area, inside the dojang.
- When in the dojang, concentrate on preparing for class.
- Be aware of the class starting and ending commands. You never know when *you* may be the most senior member present. If you are, you'll be called upon to give the commands. This could occur either in class or during testing.
- Do not enter when the class is in meditation. Wait quietly outside until meditation is over then enter, stand in ready stance, and wait for the instructor to acknowledge you and invite you to join the class.
- Please be on time to class. If you need to be absent from class, it is *your* responsibility to notify *your* instructor.